

# BULLETIN

2006- 2009

## THE NEW YORK INSTITUTE FOR PSYCHOANALYTIC SELF PSYCHOLOGY

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*A Provisional Charter Has Been Granted By  
The Board of Regents Of  
The University Of The State Of New York*

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[www.selfpsychologypschoanalysis.org](http://www.selfpsychologypschoanalysis.org)

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## **The Institute's Philosophy**

The New York Institute for Psychoanalytic Self Psychology was formed for the purpose of providing a thorough training in the theory and technique of Heinz Kohut and those contemporary theorists who have made significant contributions to his work.

It is our belief that Kohut's contributions constitute an enrichment and expansion of traditional psychoanalysis and cannot be fully learned without a deep respect for and understanding of the Freudian tradition from which self psychology emerged.

Therefore, the curriculum includes a study of the significant writings of Freud and the post-Freudians, as well as the works of contemporary theorists, with an emphasis on understanding the distinctions between theories.

The major focus of the program, however, is on the study of Kohut's clinical and theoretical contributions with particular emphasis on the experience-near empathic treatment stance.

## ADMISSIONS REQUIREMENTS

The New York Institute for Psychoanalytic Self Psychology welcomes a broad range of academic disciplines and interests. The Institute offers a certificate of completion of training to those graduates who are licensed/certified in one of the mental health professions: medicine, psychiatric nursing, psychology, and social work and other related fields deemed acceptable by the Institute.

To qualify for enrollment the applicant must meet the following:

1. Minimum age of 25 years
2. A minimum academic degree of a Masters in one of the mental health professions (medicine, psychiatric nursing, psychology, and social work) and other related fields deemed acceptable by the Institute. Transcripts of graduate, undergraduate, and other training programs should be submitted along with the application.
3. Acceptance after two enrollment interviews

### Registration

A candidate will be listed on class rosters only after all tuition and registration fees have been paid. A schedule of class offerings will be sent prior to the beginning of classes, indicating title of courses, instructors, dates and times, and including a registration form. Candidates with questions regarding registration can contact the Institute.

### Tuition and Fees:

All fees, except for the training analysis, will be paid in two installments to the Institute at the time of registration in the fall and spring.

Application Fee: \$50.00

Registration Fees: \$100.00 per year

Maintenance of Matriculation Fee: \$100.00

Fee per Course: \$350

Late Fee: \$30

Supervision Fee (paid in 22 session blocks per semester):\$1100

### Other Fees

Fee for Each Transcript Requested:\$20.00

Returned Check Fee: \$30.00

### Other Expenses

Training Analysis Fees\* Per 45 Minute Session: Cost in NYC, generally, a minimum of \$100 per session, twice a week, averaging a total of a minimum annual cost of \$8800. In order to complete the required 400 hours the minimum total cost will be approximately \$40,000.

*\*Fees for candidates who wish to apply for the New York State licensing exam will be paid as part of the tuition to the Institute.*

1. Late Registration: A student who wishes to enroll after the class has begun may do so under the following conditions:
  1. with permission of the instructor,
  2. provided the class has only met once, and
  3. with payment of the \$30 late fee.

2. Refund Policy: A candidate may request a refund no later than one week after the first session of the course.

## **TRAINING PROGRAMS**

The New York Institute for Psychoanalytic Self Psychology training program was developed with the premise that self psychology offers a comprehensive framework for understanding and treating all levels of personality organization. It is within this context that the Institute provides an educational program of classes, clinical supervision, and personal analysis. Training is divided into two programs: a four year program in psychoanalysis and a three year program in psychoanalytic psychotherapy.

### **A. PROGRAM IN PSYCHOANALYSIS**

The program in psychoanalysis is designed for those candidates interested in working in an in-depth, long-term treatment modality with individual patients. The analytic process involves the understanding of complex mental states in genetic, dynamic, and psychoeconomic terms and the understanding, development, and working through of the selfobject transference.

**Candidates for the New York State Licensing Examination in Psychoanalysis – whether they be licensed professionals in another health profession whose scope of practice includes psychoanalysis and are already in private practice or unlicensed individuals just starting out—are required to do all their required clinical work in offices under the auspices of the Institute while a duly authorized supervisor of the Institute is on-site.**

### **Training Analysis**

The New York Institute for Psychoanalytic Self Psychology makes no distinction between a "therapeutic" analysis and a "didactic" analysis. The assumption is that all candidates entering the program require an in-depth analytic experience for personal as well as training purposes. Therefore, it is expected that candidates begin training analysis upon entering the program and continue throughout the course of the training for a minimum of 400 sessions at 45 minutes to 50 minutes per session. The analysis must be undertaken at a frequency of 3-5 sessions a week, on separate days, for a minimum of 40 weeks during a year and for the minimum of 400 sessions. Candidates who wish to apply for the New York State Licensing examination for Psychoanalyst may undergo personal psychoanalysis at a lesser or higher frequency to meet the New York State requirement of 300 clock hours of personal analysis. Completion of the analysis will be mutually determined by the training analyst and the candidate. Training analyses will be conducted by members of the Institute who have been approved as training analysts and by approved analysts outside the Institute.

The Institute recognizes the importance of strict confidentiality in the conduct of analysis. For this reason a training analyst is prohibited from reporting to the Institute on any aspect of the treatment other than number and frequency of sessions completed and from participating in the ongoing evaluation of a candidate who is his or her analysand.

### **Supervision**

Clinical supervision is essential for the candidate in integrating the theory of self psychology with clinical practice. Therefore, a candidate is expected to be in weekly individual supervision with an approved supervisor by the beginning of the second semester of the first year and until the candidate reaches the Readiness for Control level.

### **Control Analysis**

In the final phase of training, the candidate will undertake two psychoanalytic cases under

the supervision of two different control analysts. Both cases will be seen by the candidate at a minimum frequency of three times weekly - one case for a minimum of one year. Candidates who wish to apply for the New York State licensing examination for Psychoanalyst may see patients less than three times weekly to meet the New York State requirement of 150 clock hours of control analysis\*. The second case will be seen for a minimum of two years. Control supervision will be at a minimum frequency of once a week for a minimum of 70 sessions at 45 minutes to 50 minutes per session for the first case and a minimum of 135 sessions at 45 minutes to 50 minutes per session for the second case.

The second control supervision may be begun only after completing one year of the first control supervision. Each control case must be with one patient for the designated period of time. It is expected that at least one case be supervised through termination. This may occur either before or after graduation. A minimum of 700 clinical sessions with patients at 45 to 50 minutes is required before graduation.

Supervisors for the control level may be chosen from those analysts designated by the Institute as "Control Analysts." Personal analysts may not serve as a candidate's control analyst. \*Candidates who wish to apply for the New York State licensing examination for Psychoanalyst must have a minimum of 1500 clock hour of clinical experience.

## **Evaluations**

The integration of theory with clinical practice is an ongoing process throughout the entire training program. In order to assess the student's progress the following evaluations will take place:

### **I. Readiness for Control Evaluation**

This evaluation will take place at the conclusion of the second year of the program and will consist of two parts:

1. A written examination covering the major theoretical and clinical areas of the first two years of study, including basic principles of self psychological theory and practice. This written exam will be the basis of discussion in the oral examination.
2. An oral examination will assess the candidate's development in personal growth, and conceptual comprehension as it relates to the candidate's clinical practice. The purpose of this examination will be to determine a candidate's readiness to begin a psychoanalytic case under supervision.

In order to qualify for the Readiness for Control Evaluation, the candidate must have:

- i been in weekly supervision as of the second semester of the first year
- ii completed the initial two years of the course work
- iii completed one and one half years of personal analysis

The candidate, having fulfilled the above requirements, will then request to be evaluated for Readiness for Control. This request will be made by letter to the Chair of the Training Committee.

### **II. Final Case Presentation**

For the candidate, Final Case Presentation (FCP) is the culmination of years of concentrated effort to develop the capacity to work within the inner life of a patient without judgment, fear, or the need to change or control the direction of the patient's life. This undertaking may require more than the four years of courses, supervisory hours, and personal analysis that are required for the completion of training. The growth and transformations that occur in the self of an analytic candidate cannot be measured within a particular time frame. In FCP the candidate will be evaluated not only on the presentation

of a particular case and the understanding of the concepts that describe the development and progression of the analytic work but also on the growth, maturity, and integrity of the candidate's character. Candidates should know when they are ready to sit for this exam and, therefore, are encouraged to discuss their readiness with supervisors and personal analysts before making application. Both control analysts must agree that the candidate is ready to apply for FCP. If the evaluations are favorable for the candidate to take the FCP, the Chair of the Training Committee will establish an FCP committee.

Having come to a decision to apply and having met all requirements (see below), the candidate may request to be evaluated. This request will be made by letter to the Chair of the Training Committee no later than November 1<sup>st</sup> in the fall or March 1<sup>st</sup> in the spring. In order to qualify for FCP the candidate must have met the following requirements:

1. Completion of all required courses in the psychoanalytic program
2. Fulfillment of the required hours for the two control analyses
3. Completion a minimum of four years of personal analysis (400 session hours)

**The Meeting(s):** Once accepted for FCP, the candidate will be required to submit a written case presentation of one of his or her two control cases. When the written presentation has been accepted, the committee will then meet with the candidate to discuss the case. The Committee will consist of a minimum of three faculty members who are not the analysts or supervisors of the candidate.

The case presentation will serve as the basis for discussion of the candidate's knowledge of theoretical and technical aspects of psychoanalysis including the candidate's awareness and mastery of countertransference issues.

**i. When Recommended for Graduation:** A candidate must be unanimously recommended for graduation. After the candidate is recommended for graduation and after all other training requirements have been met, the candidate will be recognized as having successfully completed the requirements of the Training Program and will be awarded a certificate of completion of the requirements for training in the practice of psychoanalysis.

**ii. When Not Recommended for Graduation:** At the conclusion of this meeting, the committee has the option of requiring one or more meetings (during a six month period) to assist the candidate in working through the particular difficulties that arose during the FCP. At any point during this 6 month period, the candidate may pass if all the committee members agree.

An individual who is not recommended for graduation after this six month period will have a maximum of two more opportunities over a five year period to reapply for FCP. However, the candidate will be required to wait a minimum of nine months before reapplying. During this five year period, the candidate will be encouraged to continue to take courses and to participate in all activities of the Institute. At the conclusion of the five year period, the candidate will not be eligible to reapply.

## **B. PROGRAM IN PSYCHOANALYTIC PSYCHOTHERAPY**

The New York Institute for Psychoanalytic Self Psychology also offers a training program in psychoanalytic psychotherapy. **This program is limited to those professionals licensed in a profession whose scope of practice includes psychoanalysis and wish to increase their psychoanalytic skills through continuing education, but are not licensed as psychoanalysts.**

The psychoanalytic psychotherapy program is designed for those candidates who desire

training in psychoanalytic self psychology but who do not wish to undertake the program in psychoanalysis. This program is also designed so that a candidate may choose to continue in the psychoanalysis program at any time during his or her training. Completed courses, hours of personal analysis (if at a minimum of three times weekly), and supervision accumulated during the psychoanalytic psychotherapy program will be credited towards the program in psychoanalysis.

The curriculum for the psychoanalytic psychotherapy program is the same as the curriculum for the first three years of the psychoanalysis program (page 6). Students are expected to take a minimum of two courses per semester.

Students are also expected to be engaged in a personal psychoanalytic self psychology psychotherapy at a minimum frequency of twice weekly with a psychoanalyst approved by the Institute. Treatment must begin within 6 months of the candidate's entrance into the program. Although there is no fixed time frame in which psychotherapy can be considered complete, candidates are requested to be in treatment at a twice weekly basis for a minimum of 250 hours. Acceptability of a current or previous psychotherapy will be determined by the Training Committee.

Candidates are expected to be actively engaged in weekly individual supervision of their clinical work with two different Institute-approved supervisors for a minimum of fifty hours with each supervisor during the course of the three year program. It is expected that weekly supervision begin by the second semester of the first year. Two patients will be seen in treatment for a minimum frequency of twice weekly. It is expected that each patient will be supervised by a different supervisor and that the second supervision begin with a different supervisor after at least 50 hours of the first supervision have been completed.

Satisfactory completion of the program will include a written examination covering course material. In addition, candidates will be asked to demonstrate an integration of theoretical and clinical issues in an oral presentation of a case before a committee of psychoanalysts.

A certification of completion of the requirements for training in the practice of psychoanalytic psychotherapy will be given to students who successfully complete the analytic psychotherapy program.

**C. ONE YEAR CONTINUING EDUCATION PROGRAM FOR LICENSED MENTAL HEALTH PROFESSIONALS**

This program consists of the four first year courses for those licensed mental health professionals who wish to learn the fundamentals of self psychology. A certification of completion will be given.

**D. PROGRAM FOR STUDENTS INTERESTED IN RESEARCH IN SELF PSYCHOLOGY**

Students who are interested in the study of the theory of self psychology but who are not interested in treatment, may enroll as special students. A certificate of attendance will be given to special students at the end of their studies.

**E. PROGRAM FOR GRADUATES OF OTHER PSYCHOANALYTIC INSTITUTES**

The New York Institute for Psychoanalytic Self Psychology offers an opportunity to those graduates of other analytic institutes who are interested in advanced studies in self psychology to continue their training. The applicants will have their training and experience evaluated in order to tailor a program that includes course work, supervision, and a case presentation.

**Rights of the Institute**

The Institute reserves the rights to ask a student to postpone or discontinue training when it believes that a candidate has not shown the capability to achieve a standard of accomplishment

acceptable to the Institute. Termination is entirely within the purview of the Institute such that the Institute will not be liable for or prejudiced by any such action it may take, such being in the best interest of the Institute, its candidates, and the profession for which it provides training.

### **The Consultation Service**

The Institute offers a low cost referral service to the community to help provide long term clinical patients to the students for the completion of their clinical requirements. The Self Psychology Consultation Service (SPCS) offers psychoanalysis and psychoanalytic psychotherapy to individuals desiring an in-depth understanding. Self psychology utilizes an empathic approach to focus upon conflict and anxieties that have inhibited the growth of the personality.

SPCS is affiliated with The New York Institute for Psychoanalytic Self Psychology. It provides long-term treatment with highly qualified professionals in analytic training. **For those candidates who wish to apply for the New York State licensing examination for Psychoanalyst, the initial consultation and treatment will be provided by the therapists in offices under the auspices of the Institute in which a supervisor will be on site while treatment is in progress.**

A commitment of 2-3 times a week of intensive psychoanalytic treatment will be required, with fees based upon each person's ability to pay.

For an appointment call: **In New York: 212-873-6117; In New Jersey: 201-541-9198.**

### **Tax Exempt Status**

Contributions to the Institute are tax deductible as provided in Section 170 of the Internal Revenue Service Code.

### **The Kathryn Garbarine Memorial Fund**

The Kathryn Garbarine Memorial Fund will be used for research and training in the psychoanalytic understanding and treatment of suicide and depression. Donations are welcomed and are considered tax exempt under the Institute's tax exempt status.

## **CURRICULUM**

Most courses meet for fifteen weeks, for a total of ninety minutes per session. In order to receive credit for a course no more than 3 absences are permitted during a semester. In extenuating circumstances, the candidate may request from the instructor permission to do extra work as compensation for further absences.

## **FIRST YEAR**

### **101.1 Psychoanalytic Models and Core Developmental Issues I: An Historical Overview**

This is the first of a two-part course that will review psychoanalytic thought from Freud to contemporary theorists. The focus of this course will be on Freud's early shift from the Topographic to the Structural Model of the mind, underscoring his internal struggle between grounding psychoanalysis in psychology vs. biology. The course will then look at the American school of Ego Psychology built on the Freudian foundation. This course will trace the development of the object relations school begun by Melanie Klein.

### **101.2\* Personality Development and Psychoanalytic Perspective I**

This is the first of a two-part course that compares and contrasts different psychoanalytic models of development that have evolved from the understanding of human personality development. Freudian topographical and structural models, American Developmental Ego Psychology, British Object Relations, Modern Interpersonal, Intersubjectivity, and Psychoanalytic Self Psychology will be studied, establishing a framework along which essential developmental concepts of Personality can be examined. These concepts include perspectives on motivation, psychic structure formation, gender identification, inner representational integration and so on, leading either to normal or pathological personality development.

### **102.1\* Psychoanalytic Process I: A Practicum in the Diagnosis and Treatment of Different Psychopathological Conditions**

This course will introduce the student to the psychoanalytic situation. Emphasis will be upon the beginning phases of treatment, with particular focus on the experience-near empathic treatment stance. The course will also deal with major clinical issues such as transference, resistance, and free association. The student will learn how to diagnose and treat the different psychopathological conditions of the self.

### **103.0 Introduction to the Work of Heinz Kohut I**

This course will focus on the early writings of Kohut. These include his early papers on music, empathy, narcissism, self, and selfobject. Particular emphasis will be placed on the fundamental switch from a biological-based drive/defense psychology to a psychology based on selfobject needs. The course will culminate with a close-up reading of Kohut's most significant work, *The Analysis of the Self*.

### **103.1\* Psychoanalytic Theory of Psychodiagnosis: Introduction to the Work of Heinz Kohut I**

This course will familiarize the candidate with the psychoanalytic theory of psychodiagnosis through an examination of the early writings of Heinz Kohut, in particular with a close reading of his 1971 monograph, *The Analysis of the Self*. Throughout this review, the focus will be on the experience-near empathic treatment stance as the method by which Kohut arrived at his diagnostic understanding of the narcissistic transferences, and how these are distinguished from the transference neurosis, the borderline personality disorder, and the psychotic/schizophrenic self disorders.

### **104.1 Psychoanalytic Models and Core Developmental Issues II: An Historical Overview**

This course is a continuation of 101.1. It will follow the development of psychoanalytic thought, culminating with the early writings of Kohut. These include readings on empathy, narcissism, self, and selfobject. In particular, emphasis will be on the fundamental switch from a biological-based drive/defense psychology to a psychology based on selfobject needs.

### **104.2\* Personality Development and Psychoanalytic Perspective II**

This course is the second half of course 101.2 that continues a comparison and contrast of different psychoanalytic models of development that have evolved from the understanding of human personality development. It will trace the evolution of British and American Object Relations Theories, culminating in the early discovery by Heinz Kohut of Psychoanalytic Self Psychology. Focus in the latter study will be upon Kohut's early writings on empathy, narcissism, the development of the theory of the self and the selfobject concept. As well, emphasis will be on the fundamental shift from a biological-based drive/defense psychology (Id, Ego and Superego) to a psychology based on the self and the selfobject needs.

## **SECOND YEAR**

### **201.0 Works of Heinz Kohut II**

In this course the students will examine Kohut's gradual evolution from the traditional psychoanalytic model (id, ego, and superego) to the concept of the self as a supraordinate structure. Kohut's 1977 work, *The Restoration of the Self*, will be the primary text of this course.

### **202.1 Psychoanalytic Process II: Resistance, Transference and Countertransference**

In this seminar, continuing the utilization of the empathic approach, defenses and resistances to the developing selfobject transferences and their working through will be highlighted and explored through the use of case material. Countertransference issues will be identified as impediments to the treatment's ongoing progress.

### **202.2\* Psychoanalytic Process I: Resistance, Transference, and Countertransference**

Process notes reflecting the moment to moment interaction of the patient and therapist will be used as the basis of instruction and discussion. The focus will be on the integration of the clinical concepts highlighted in both the readings and the class discussions. The course will consistently focus on the general principles of psychoanalytic technique. With emphasis on the experience-near empathic treatment stance, particular attention will be given to the concepts of transference, countertransference, resistance and defense.

### **203.0 The Works of Heinz Kohut III**

This course will examine the later writing of Heinz Kohut. His posthumously published monograph, *How Does Analysis Cure?*, will be the primary text. Defense and resistance, constituents of the self, the process of cure, and the place of empathy in cure are some of the topics that will be explored. The self psychological perspective will be compared to the traditional view.

### **204.1\* Theory of Psychopathology I: The Higher Level Self Disorders**

This course will compare and contrast the understanding of psychopathology in classical analytic theory and that of psychoanalytic self psychology. There will be a review of the differing symptomatology of the psychoneurosis versus that of the self disorder, and how these symptoms are understood from each perspective. Particular emphasis will be upon the narcissistic personality disorder (later the self disorder), narcissistic behavior disorder, and the Oedipal level self disorder, demonstrating how these differ from the classical oedipal conflict and transference neurosis. Issues of analyzability related to higher level self disorders and what constitutes cure in the analytic process will be reviewed.

\* (Courses marked with asterisks meet the requirements for the New York State Licensing Examination Psychoanalyst)

## **THIRD YEAR**

### **301.1\* Psychoanalytic Process III: Resistance, Transference, and Countertransference (Continued)**

In this course the psychoanalytic candidate will focus on the middle and terminating phases of treatment. Emphasis will be on defense and resistance, working through, and the development of the selfobject transferences. Focus will also be on the importance of the ambient environment and the disruption-restoration sequence as two factors essential for structural change. Case material from instructor and students will be the tool by which these clinical concepts are learned.

### **302.0 Processes of the Unconscious: Fantasy, Dreams and Symbolism**

This courses will highlight the central role of fantasy, dreams and symbolism in psychoanalytic treatment. The similarities and differences between the self psychological perspective and traditional view will be explored. Freud's *The Interpretation of Dreams* will be studied in depth.

### **302.1\* Beginning Understanding of Fantasy, Dreams and Symbolism: A Clinical Practicum**

Models of dream formation shape dream interpretation. Focusing on the comparison of current models of dream formation and interpretation, this course will provide an historical perspective on the evolution of theory and practice both within as well as between orientations. The latter half of the course will focus on self psychological innovations and revisions of the classical approach. Similarities and differences between these approaches will be highlighted and discussed. Application of the dream models will be illustrated in the candidates and instructor's clinical material.

### **303.0\* Theory of Psychopathology II: Severe Self Disorders**

This course is a continuation of course 204.1. There will be particular focus on the psychopathology of borderline and psychotic self disorders, with emphasis on the archaic nature of the selfobject transference typical of these disorders. Symptoms such as anxiety, depression, phobias, conversion reactions, obsessions, compulsions, and perversions will be looked at in relation to these disorders.

### **304.1\* Contrasting Views in Self Psychology: Clinical Applications**

This course will review the writings of those contemporary authors whose theories have contributed different perspectives to diagnosis and psychopathology in self psychology. These new theories, which will be examined and contrasted with mainstream self psychology, will be Intersubjectivity, Contextualism, Optimal Responsiveness, Motivational Systems, and Attachment Theory. Process material from both the instructor and the students' practices will be utilized to show how these theories are applied in the clinical setting.

## **FOURTH YEAR**

### **401.0\* Continuous Case Seminar I**

In this seminar the students will follow the progress of clinical cases in order to experience in detail the unfolding of the psychoanalytic process. The experience-near mode of data gathering will be emphasized as the basis for understanding and interpreting in the clinical setting.

### **402.1\* Depression and Suicide as an Addiction: A Practicum**

The class will focus on the practical application of the theory that will be learned through readings, class lecture and discussion, and the examination of clinical material. Particular attention will be given to the different meanings of depression in the psychoanalytic literature and the place of transference, countertransference and the working through process in the treatment of these patients. Depression as an addiction will be discussed in detail, defining what is meant by addiction and examining its validity in the clinical setting. Empirical research will also be examined for substantiation of this hypothesis.

### **403.0\* Continuous Case Seminar II**

This seminar will be a continuation of course 401.0

### **404.0\* Advanced Clinical Seminar on Dreams**

This seminar will examine the dream in clinical practice. The dream and its interpretation from a self psychology perspective will be examined within the treatment situation. In addition to Kohut's writings, other authors who have contributed to the literature on dreams in self psychology will be discussed.

## **OTHER COURSES, SEMINARS, AND WORKSHOPS**

### **501.0 An Experiential Workshop**

This workshop will be an ongoing group meeting in which students of the Institute will have an opportunity to develop their empathic abilities. Various exercises will be employed to assist participants in attaining this goal. This workshop will meet at planned intervals over the course of training.

### **502.0 Seminar on Professional Ethics**

This seminar will review principles of ethics as they apply to psychoanalytic practice. Ethical standards accepted by major mental health organizations will be reviewed.

### **502.1\* Ethical Considerations in Psychoanalysis and Psychoanalytic Psychotherapy**

This seminar will review principles of ethics as they apply to psychoanalytic practice. Besides an examination of ethical standards accepted by major mental health organizations, there will be a particular focus on the scope of practice of the licensed psychoanalyst in the State of New York, with specific information offered on activities that constitute professional misconduct.

The goal of this seminar is to raise awareness of ethical issues in a psychoanalytic practice. The readings will include a sampling of the historic and contemporary literature from different theoretical orientations. The focus will be on specific case examples provided by the instructor and on individual case presentations offered by the students. A range of ethical issues will be explored, from legal/ethical conflicts, distinguishing clinical and ethical dimensions, to transference and countertransference dynamics, to issues related to the changing nature of psychotherapy and society.

### **503.0 Seminar on Final Case Presentation**

This seminar will focus on the written case for Final Case Presentation. Along with a review of the format for the written case, there will be particular focus on how to demonstrate the candidate's theoretical and clinical knowledge through the presentation of experience-near data that leads to the unfolding of the patient's resistances and transference.

### **504.0 Advanced Seminar on the Selfobject Transference**

This seminar will focus on the more traditional selfobject transference of idealizing, mirroring, and twinship as well as the recently discovered undifferentiated selfobject transference. Focus will be on how the development of these transference take place and the effect that trauma has on their development.

### **505.0\* Research Methodology in Psychoanalysis**

This course will survey the methods used in scientific research as they apply to psychoanalysis and related psychological fields. A primary goal of the course will be to examine the perceived gap between clinical approaches and formal research, and to understand how this gap maybe bridged. Topics for reading and discussion will include the basics of observational, correlational and experimental methods; the strengths and weaknesses of the individual case study; essential concepts of statistical analysis and experimental design; the application of infant research; direct testing of psychoanalytic theories (especially with self psychology); research on sleep and dreaming; in addition to process and outcome research on psychotherapy and psychoanalysis; and finally, what is the difference between experience-near and experience-distant data.

\* (Courses marked with asterisks meet the requirements for the New York State Licensing Examination Psychoanalyst)

### **505.1\* Sociocultural Influences on Development and Psychopathology I**

This is the first of a two-part course that focuses upon culture, ethnicity, gender, sexual orientation, age and religion--how these factors can enhance normal personality development and, at times, lead to psychopathological digressions. Adaptation of assessment and treatment techniques with these differing cultural groups will be addressed in assigned readings, class discussion and clinical case material.

### **505.2\* Sociocultural Influences on Development and Psychopathology II**

This course is the second half of a two semester course that commenced with 505.1. This course will examine the concepts of culture, race, class, gender/sexual identity and how these factors challenge the analyst's empathy for, and clinical responsiveness to, his/her patients. The influences of these factors on human development, personality formation and psychopathology will be explored in the writings of psychoanalytic theorists such as Freud, Altman and other more contemporary authors. Clinical presentations will be discussed in order to make the theory clinically relevant.

### **506.0\* Seminar on Identification and Reporting Child Abuse**

This seminar is a two hour seminar that focuses on understanding the New York State laws that control child protective service and includes understanding Article 6, Title 6 of the Social Services Law and Article 10 of the Family Court Act. Who is a mandated reporter, and how and to whom reporting of child abuse should be made, will be a focus. Definitions of forms of child abuse will be studied. Understanding the distinctions between neglect, physical, and mental abuse will be highlighted, and the recognition of these abuses will be emphasized. For example, participants will learn to identify the physical and behavioral indicators of abuse. Key legal concepts of abuse will be discussed including non-accidental injuries, serious physical injuries and sexual exploitation. Participants will be able to distinguish among various behavioral and environmental characteristics of abusive caretakers.

## FACULTY

**Emery Gross, M.S.W., B.C.D.:** graduate Hunter College School of Social Work; Licensed Clinical Social Worker, New York; Licensed Clinical Social Worker, New Jersey; graduate and Institute Fellow, American Institute for Psychotherapy and Psychoanalysis; faculty, training and supervising analyst, Harlem Family Institute; adjunct professor, New York University School of Social Work; past president New York (Metropolitan Chapter) Society for Clinical Social Work; founding director and past treasurer, American Board of Examiners in Clinical Social Work; founding member, Coordinating Committee of the Association for Psychoanalytic Self Psychology; member, The National Membership Committee on Psychoanalysis in Clinical Social Work; private practice, New York City.

**Joan V. Klein, M.S.W., B.C.D.:** certified social worker, NY; graduate, Hunter School of Social Work, graduate, New York Freudian Society; faculty and supervisor, National Psychological Association for Psychoanalysis; member, NASW, NY State Society for Clinical Social Work, Eastern Group Psychotherapy Association; APSP, AAPI; private practice of psychoanalysis and psychotherapy, New York City.

**David S. MacIsaac, Ph.D.:** graduate, Psychology, Fordham University; licensed psychologist, New York, New Jersey; graduate, New York Center for Psychoanalytic Training; founding member of The New York Institute for Psychoanalytic Self Psychology; founding member, The Institute for Psychoanalysis and Psychotherapy of New Jersey; member, Section 1, Division of Psychoanalysis (American Psychological Association); Diplomate (ABPP) in psychoanalysis; co-author *Empathic Attunement: The "Technique" of Psychoanalytic Self Psychology* (Jason Aronson); author of articles on various topics in self psychology; private practice, Englewood, New Jersey.

**Edward Ross, M.S.W.:** Licensed Clinical Social Worker, New York; director of the Behavioral Medicine Clinic of the International Center for the Disabled; past director of the North Brooklyn Clinic/ Madeleine Borg Community Services of the Jewish Board of Family and Children Services; graduate of the Advanced Training Program in the Child Psychotherapy of the JBFCS Institute; graduate and member, National Psychological Association for Psychoanalysis; faculty, Harlem Family Institute; private practice, New York City.

**Crayton E. Rowe, Jr., M.S.W., B.C.D.:** Licensed Clinical Social Worker, New York; Licensed Clinical Social Worker, New Jersey; graduate and training analyst, The New York Freudian Society; training analyst, National Psychological Association for Psychoanalysis; member: the International Psycho-Analytical Association, Distinguished Practitioner of Social Work of the National Academies of Practice; past chair and founder, the National Membership Committee on Psychoanalysis in Clinical Social Work; founding member, The New York Institute for Psychoanalytic Self Psychology; author, *Treating the Basic Self: Understanding addictive, Suicidal, Compulsive, and Attention-Deficit/Hyperactivity (ADHD) Behavior* (Psychoanalytic Publishers); co-author, *Empathic Attunement: The "Technique" of Psychoanalytic Self Psychology* (Jason Aronson) and author of numerous articles in self psychology; private practice, New York City.

**Florence Rowe, M.S.W.,B.C.D.:** graduate, Wurzwiler School of Social Work, Yeshiva University; Licensed Clinical Social Worker, New York; Licensed Clinical Social worker, New Jersey; founding member, The New York Institute for Psychoanalytic Self Psychology; graduate and training analyst, The New York Freudian Society; training analyst and faculty, National Psychological Association for Psychoanalysis; member: the International Psycho-Analytical Association, National Membership Committee on Psychoanalysis in Clinical Social Work; private practice, New York City

**Charles B. Strozier, Ph.D.:** professor of history at John Jay College and the Graduate Center, CUNY; practicing psychoanalyst in New York City; author of *Heinz Kohut: The Making of a Psychoanalyst* (2001, Farrar, Straus & Giroux) and of self psychological studies: *Lincoln's Quest for Union* (1982, Basic Books; revised edition 2001, Paul Dry Books)) and *Apocalypse: On the Psychology of Fundamentalism in America* (1994, Beacon Press). He edited and collaborated with Heinz Kohut on *Self Psychology and the Humanities* (1985, Norton).

**S. Shaké Topalian, M.A., R.N.C.S.:** graduate, New York University, Psychiatric/Mental Health Nursing; ANA certified clinical nurse specialist; graduate, training analyst, faculty, Institute for Contemporary Psychotherapy; training analyst, faculty, Psychoanalytic Psychotherapy Study Center; private practice, New York City.

**Joseph M. Walsh, M.S.W., B.C.D.:** graduate, School of Social Work, Adelphi University; Licensed Clinical Social Worker, New York; founding member of The New York Institute for Psychoanalytic Self Psychology; graduate and faculty, New York Center for Psychoanalytic Training; supervisor, Pederson-Krag Institute for Psychotherapy; adjunct faculty, Adelphi and Stony Brook Schools of Social Work; member, national membership Committee on Psychoanalysis of the National Federation of Societies for Clinical Social Work; private practice, Cold Spring Harbor, New York.

**Joanne Yurman, Ph.D.:** graduate, clinical psychology, Derner Institute, Adelphi University. Licensed psychologist, New York and Massachusetts; graduate, New York University Postdoctoral Program in Psychotherapy and Psychoanalysis; member, American Psychological Association; Past President, Western Massachusetts and Albany Association of Psychoanalytic Psychology, Division 39; private practice, Lenox, Massachusetts and New York City.

**Ronald A. Zirin, Ph.D.:** Professor Emeritus of Classics at SUNY/Buffalo; Licensed Psychologist, New York; graduate, Toronto Institute for Contemporary Psychoanalysis; member American Psychological Association; Upstate New York Psychoanalytic Society, Toronto Society for Contemporary Psychoanalysis; private practice, New York City.

#### **GRADUATES (As of 2005)**

**Lee Allan, M.S.W.** (Psychoanalytic Psychotherapy)

**Pauline Bergstein, Ph.D.** (Psychoanalysis)

**Joanna Hulton, Ph.D.** (Psychoanalytic Psychotherapy)

**Beverly Kolsky, M.S.W.** (Psychoanalysis)

**Frances Levine, M.S.W. (Psychoanalysis)**

**Penny Rosen, M.S.W. (Psychoanalysis)**

**Georgia H. Sclafani, M.S.W. (Psychoanalysis)**

**Craig Solomon, M.S.W. (Psychoanalysis)**

**THE NEW YORK INSTITUTE FOR  
PSYCHOANALYTIC SELF PSYCHOLOGY  
APPLICATION FOR PSYCHOANALYTIC TRAINING**

DATE \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ APT # \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP(9 Digits) \_\_\_\_\_

DATE OF BIRTH \_\_\_\_\_

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TELEPHONE (OFFICE) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

**EDUCATION**

COLLEGE \_\_\_\_\_ DEGREE \_\_\_\_\_

Year Issued \_\_\_\_\_

GRADUATE SCHOOL \_\_\_\_\_ DEGREE \_\_\_\_\_

Year Issued \_\_\_\_\_

*Please have your graduate school forward your transcript to the Training Committee.*

State currently licensed \_\_\_\_\_

*Please submit a copy of your license*

When do you expect to become licensed or certified? \_\_\_\_\_

EMPLOYMENT HISTORY (list most recent first)	DATES


DO YOU HAVE A PRIVATE PRACTICE?      YES \_\_\_\_\_      NO \_\_\_\_\_

HOW MANY HOURS PER WEEK? \_\_\_\_\_

PREVIOUS PSYCHOANALYTIC SUPERVISION	Dates	Frequency

PREVIOUS PSYCHOANALYTIC TRAINING EXPERIENCE	Dates

**PUBLICATIONS:**

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**PREVIOUS PERSONAL PSYCHOANALYSIS/PSYCHOTHERAPY**

Name of Analyst	Dates	Frequency/Week

*Please have your analyst send his/her training credentials to the Institute and a letter verifying the dates and frequency of your treatment.*

Do you consider your previous treatment experience to have been self psychology oriented?

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**REFERENCES:**

NAME	ADDRESS	Telephone

*Applicants should arrange for three letters of reference to be sent to the Training Committee of the Institute.*

**How did you learn of NYIPSP?**

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**Application, accompanied by a \$50.00 fee is to be mailed to:**

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230 West End Avenue, Suite 1D  
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