

## **Fall 2009 Workshop Series New York Institute for Psychoanalytic Self Psychology (NYIPSP)**

The NYIPSP was formed for the purpose of providing training in the theory and technique of Heinz Kohut and contemporary theorists who have made significant contributions to his work.

The NYIPSP Extension Center was established to provide a forum for the professional community to exchange perspectives and pursue continuing education. Its workshops and courses will deepen the application of self psychology to clinical work.

### **Workshops**

1. Instructor: David Maclsaac, PhD, ABPP

#### **Empathy in a Non-Empathic World**

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#### **Empathy in a Non-Empathic World**

In this managed care, fast paced and instant cure environment, do we have time for empathy and the gradual development that accrues from such a treatment approach? Come and have a glimpse of Self Psychology, one of the most significant analytic developments since Freud. Learn why empathy is such a radical perspective in understanding and explaining our patient's inner life. Find out why the theory of the self accords so accurately with human experience. Finally, learn about Crayton Rowe's recently discovered undifferentiated selfobject transference that complements Kohut's original self-selfobject theory and offers a new slant on such symptoms as eating disorders, addictions, suicide, obsessive-compulsive and AD/HD behavior.

David Maclsaac, PhD, ABPP Co-Director, The New York Institute for Psychoanalytic Self Psychology; Co-author, *Empathic Attunement: The Technique of Psychoanalytic Self Psychology*; Private practice, Englewood, NJ.

6 Hours – 90 minutes each meeting

Dates: Fridays, 1:30 - 3:00 PM: October 2, 9, 16 and 23 – 2009

Place: NYIPSP, New Jersey Extension, 163 Engle Street, Bldg. 1A, Englewood, NJ

Fee: \$60.00

2. Instructor: Crayton Rowe Jr., MSW, BCD-P

#### **Working with the Hard to Reach Patient: Understanding the Selfobject Transferences**

This workshop will focus on understanding how the selfobject needs of the patient are relevant in understanding the difficult patient, and how the selfobject transferences emerge in treatment. Additionally, Rowe will discuss his discovery of the undifferentiated selfobject transference as it is expressed in symptoms and fixations. Participants will enhance their skills of listening as they gain a broader understanding of the inner life of their patients. They will also have the opportunity of presenting cases and applying these concepts to their clinical work.

Crayton E. Rowe Jr, MSW, BCD-P Founder, AAPCSW; Director, NY Institute for Psychoanalytic Self Psychology; IPA; Author, *Treating the Basic Self: Understanding Addictive, Suicidal, Compulsive, and Attention-Deficit/Hyperactivity Behavior*; Co-author, *Empathic Attunement: The Technique of Psychoanalytic Self Psychology*; Private practice, NYC.

8 Hours – Four 2-hour sessions

Date: Sundays 2 - 4 PM: October 18, 25, November 1 and 8 – 2009

Place: NYIPSP, 230 West End Avenue, #1D (W. 70 Street), New York, NY

Fee: \$80.00

3. Instructor: Beverly Kolsky, MSW, BCD-P

**The Secret Addiction: Suicide**

This workshop will examine the "purpose" of suicidal thinking and will use case illustration to underscore transference and countertransference functions. It will differentiate suicide addiction from other forms of suicide. The work of Heinz Kohut will be summarized, with particular emphasis on the therapist's distinct use of empathy and its power to reveal the inner secret life of these patients. The problems that this raises for the therapist will also be discussed.

Beverly Kolsky, LCSW, BCD-P NYU SSW; NY Institute for Psychoanalytic Self Psychology;  
Past affiliation, The Guild of Psychotherapists and The Society for Analytic Psychology in  
England; Private practice, Englewood, NJ.

2 Hours

Date: Sunday, 2 - 4 PM: October 11, 2009

Place: NYIPSP, New Jersey Extension 163 Engle Street, Bldg. 1A, Englewood, NJ

Fee: \$20.00

4. Instructor: Joanna Hulton, PhD

**Applying Kohut's Major Contributions to the Treatment of Parents and Children**

This workshop will demonstrate how a parent understands his child from a self psychological perspective, and the insights that an adult gain into his own childhood via his parent-child interactions. The selfobject experiences needed for healthy development will be explored. Case vignettes will illustrate how a parent's unmet needs can distort the child's experience of his own needs. Participants will learn how this clinical approach encourages treatment outcomes that benefit parent and child.

Presenter: Joanna Hulton, PhD Graduate, The New York Institute for Psychoanalytic Self  
Psychology; NYS licensed psychoanalyst; Private practice, Long Island, NY.

2 Hours

Date: Sunday, 10 AM - 12:15 PM: November 15, 2009

Place: NYIPSP Institute, 230 West End Avenue, #1D (W. 70 Street), New York, NY

Fee: \$20.00

CEUs from the NJ Board of Examiners are awaiting approval.

**REGISTRATION FORM**

Workshops/Courses: #1\_\_\_ #2\_\_\_ #3\_\_\_ #4\_\_\_

Name: \_\_\_\_\_

Email address: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: office/home \_\_\_\_\_ cell \_\_\_\_\_

I have enclosed a check for \$ \_\_\_\_\_ payable to NYIPSP.

**Return to:**

**Frances Levine, LCSW, BCD-P, 101 Cedar Lane, Teaneck, NJ 07666**

**Telephone: 201 837 5259**

**For further inquiries email:**

**Sandy Rzetelny [calvathansa@aol.com](mailto:calvathansa@aol.com)**

**Visit: [www.nyipsp.org](http://www.nyipsp.org)**